

Gear Checklist:

***Optional**

Clothing:

- Lightweight T-shirt
(synthetic or wool)
- Long Sleeve
(synthetic or wool)
- Durable/Stretchy Pants
(NO JEANS)
- Sweater/Fleece Jacket
- Rain Jacket
- 2 Pairs of Socks
- Hat/Cap
- Gloves

Gear:

- Backpack
- Hiking Boots
- *Sandals
- Tent
- *Sleeping Mat
- Sleeping Bag
- *Small Pillow
- *Jetboil/Travel Stove &
Fuel
- Water Bottle
- Toothbrush
- Fork/Spoon/Spork
- Plate
- Bowl
- *Titanium Mug
- Headlamp/Flashlight
- Hand Sanitizer
- Toilet Paper
- Cash
- Permit
- *Camera

Safety Equipment:

- Matches/ Lighter/Flint &
Steel
- Whistle
- Outdoor First Aid Kit
- Water Tablets/Water Filter
- Knife
- Duck Tape
- Map
- Compass
- Batteries
- *Binoculars
- Bear Bin
- Bear Spray

Food:

- Snacks
(nuts and dried fruit)
- Granola/Protein Bars
- Candy Bar
- Hot Packaged Meals
(at least one for each day)
- Meat Packets
- Fresh Veggies