Virtual Colonoscopy Prep

2 days before appointment

Pick up 3 bottles of Tagitol from Lenox Hill Radiology

Purchase the following:

Miralax 8.3 oz bottle powder

Bisacodyl oral tablets (aka Dulcolax)

Bisacodyl suppositories (aka Dulcolax)

1 day before appointment, do the following

No solid food all day!

5 PM – 7 PM: drink Miralax mixture

5 PM: Mix 8.3 oz of Miralax with 64 oz of water

> 12 PM: Drink 2nd bottle of Tagitol

8 AM: Drink 1st bottle of Tagitol

Drink 8 oz of water (about 1 glass) every hour, for a total of 64 oz (2 quarts/8 glasses) throughout the day

Drink clear ONLY clear liquids, ie: water, tea, coffee, juice, soda, broth, jello 7 PM: take four of 5 mg oral Bisacodyl tablets with large glass of water

7:05 PM: drink 3rd bottle of Tagitol

11:55 PM: Do not eat or drink anything after this time, including medications

11:55 PM: Do not eat or drink anything after this time

Day of the appointment: 4 hours before appointment: insert the 10mg Bisacodyl suppository