**Elastic band 25 mm-**

 <http://r.ebay.com/NqxOv1>

**Rubber band 15mm diameter-**

[http://r.ebay.com/dCb3aS](http://r.ebay.com/dCb3aS%22%20%5Ct%20%22_blank)

**eva 1mm thickness**

 <http://r.ebay.com/KW1hQU>